



# Sugárzás és élő anyag kölcsönhatása

# The “standard” paradigm

1 Gy  $\gamma$ -rays in one nucleus:

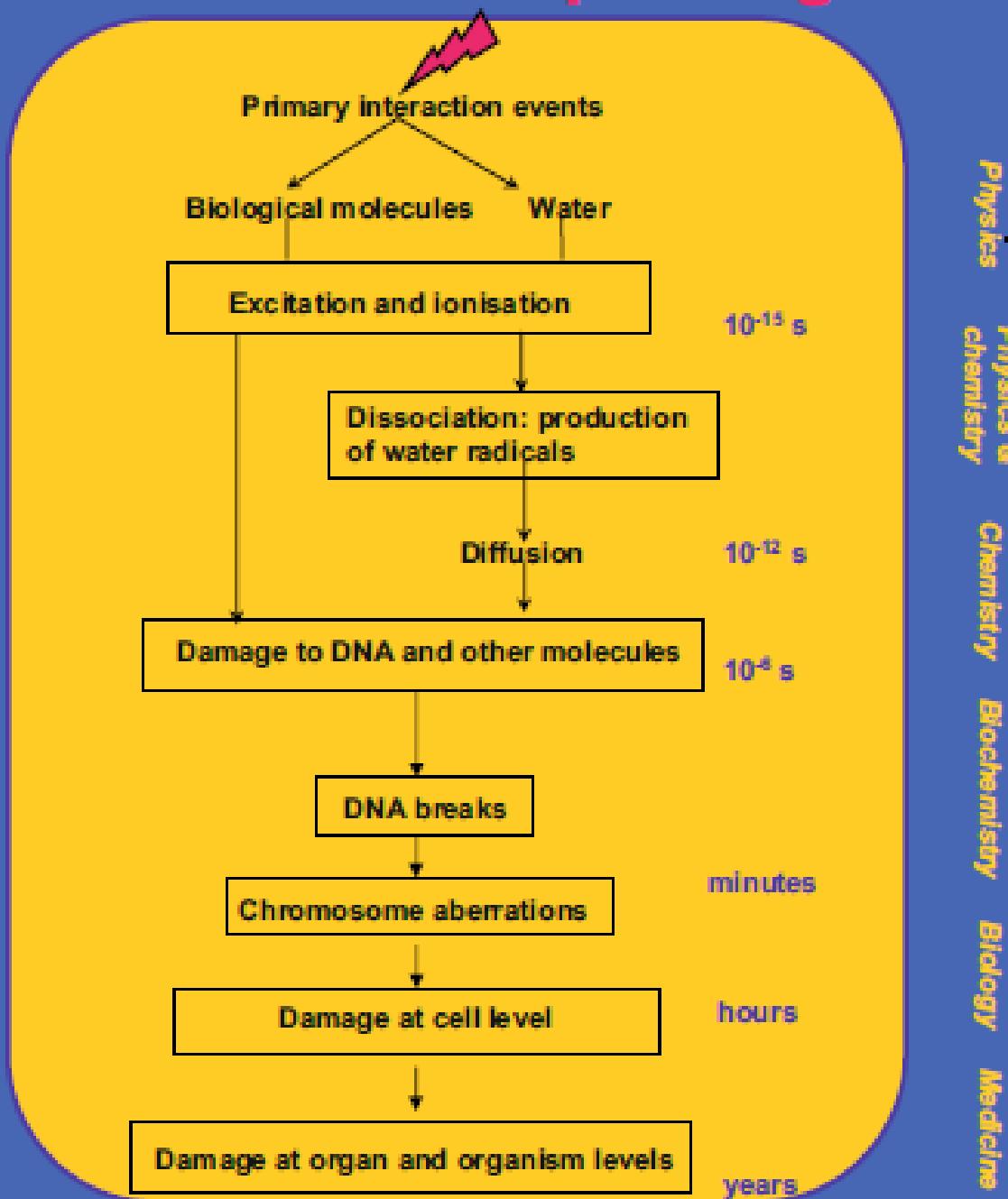
~ 100,000 ionizations  
(~ 2,000 in the DNA)

~ 40 DNA DSBs,  
~ 1 “complex lesion”

~ 0.5-1 chromosome aberrations

~ 0.5-1 lethal lesions  
~  $10^{-5}$  HPRT mutations  
~  $10^{-5}$  neoplastic transformations

<<  $10^{-5}$  cancers



Physics  
Chemistry  
Biology  
Medicine

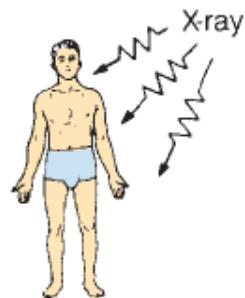
Müller, M., Durante, M., Stöcker, H., Merz, F. & Bechmann, I.  
Modeling radiation effects at the tissue level. *Eur Phys JD* **60**, 171–  
176 (2010). (graphics kindly provided by Dr. Andrea Ottolenghi,  
University of Pavia, Italy)

**Total-Body Irradiation**

Mass = 70 kg

LD<sub>50/60</sub> = 4 Gy

Energy absorbed =



$$70 \times 4 = 280 \text{ joules}$$

$$= \frac{280}{4.18} = 67 \text{ calories}$$

**A****Drinking Hot Coffee**

Excess temperature (°C) = 60° – 37° = 23°

Volume of coffee consumed to equal the energy in the LD<sub>50/60</sub> =  $\frac{67}{23}$ 

$$= 3 \text{ mL}$$

 $= 1 \text{ sip}$ 
**B****Mechanical Energy: Lifting a Person**

Mass = 70 kg

Height lifted to equal the energy in the

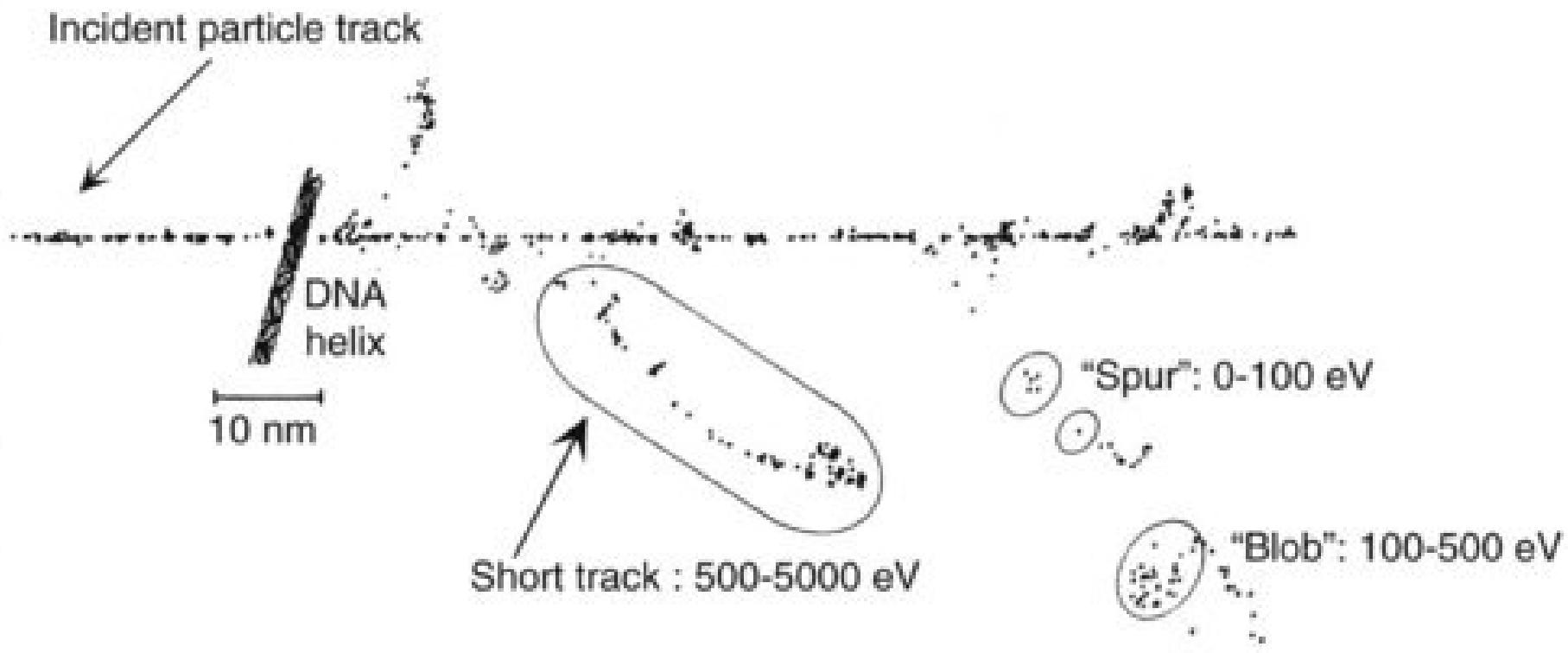


$$\text{LD}_{50/60} = \frac{280}{70 \times 9.81}$$

$$= 0.4 \text{ m (16 inches)}$$

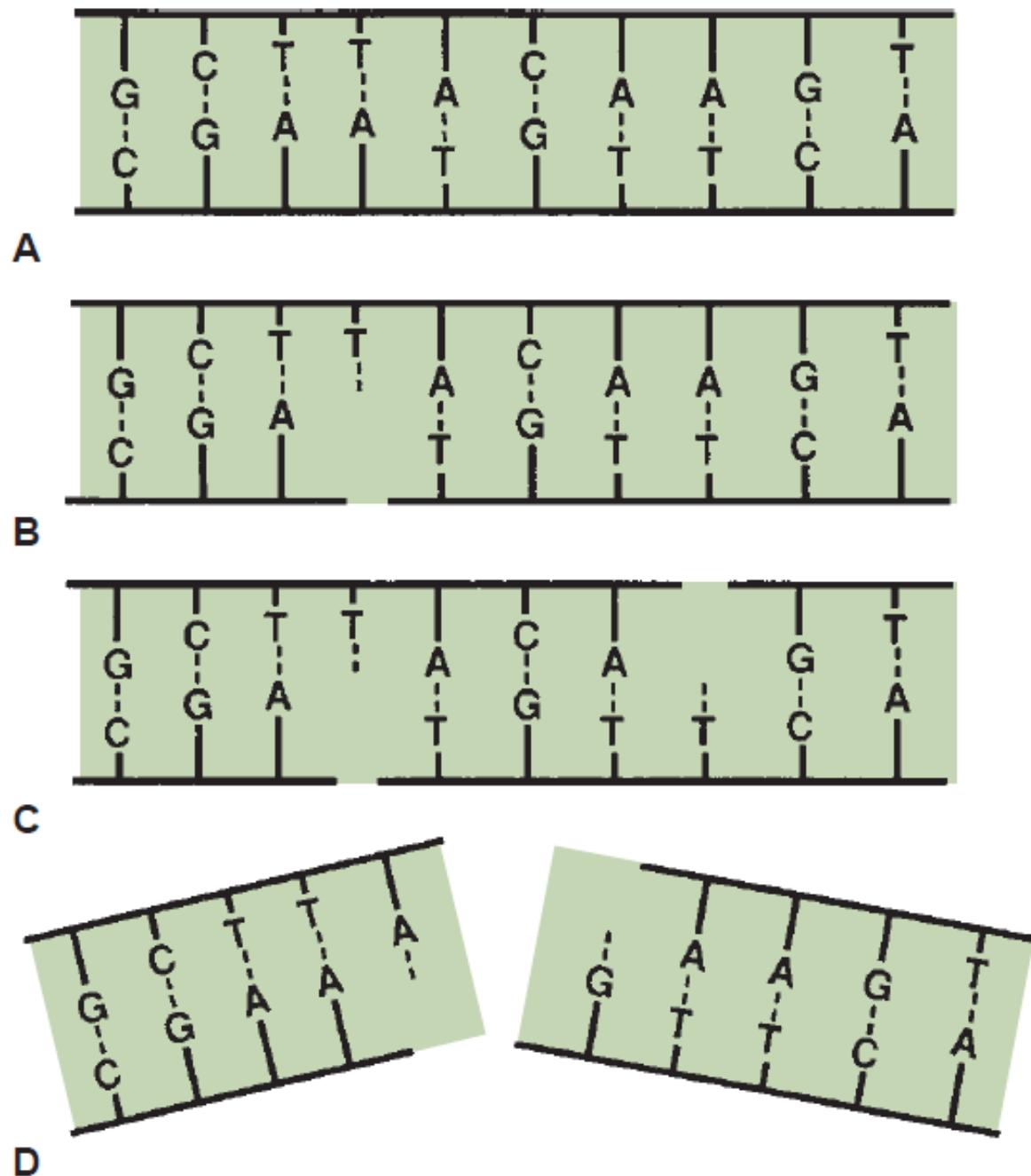
**C**

Hall, E. J. & Giaccia, A. J. *Radiotherapy for the radiotherapist*. (Wolters Kluwer Health/Lippincott Williams & Wilkins, 2012).  
Figure 1.4



Hall, E. J. & Giaccia, A. J. *Radiobiology for the radiologist*. (Wolters Kluwer Health/Lippincott Williams & Wilkins, 2012). ???

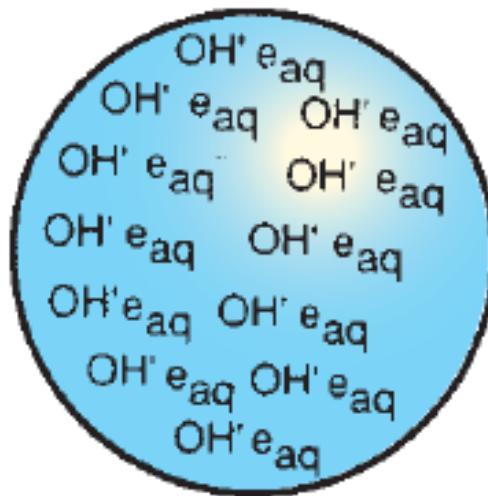
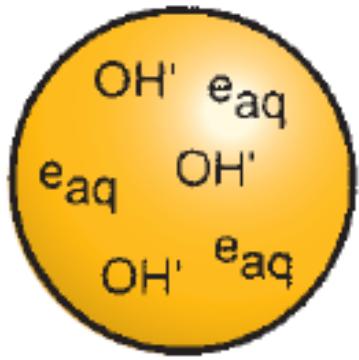
Adapted from Goodhead D: *Physics of radiation action: microscopic features that determine biological consequences*. In Hagen U, Harder D, Jung H, et al, editors: Radiation research 1895-1995, proceedings of the 10th international congress of radiation research, vol. 2. congress lectures, Wurzburg, 1995, Universitätsdruckerei H Stutz, p 43.



Hall, E. J. & Giaccia, A. J. *Radiobiology for the radiologist*.  
(Wolters Kluwer Health/Lippincott Williams & Wilkins, 2012).  
Figure 2-2. p 13 (Courtesy of Dr. John Ward.)

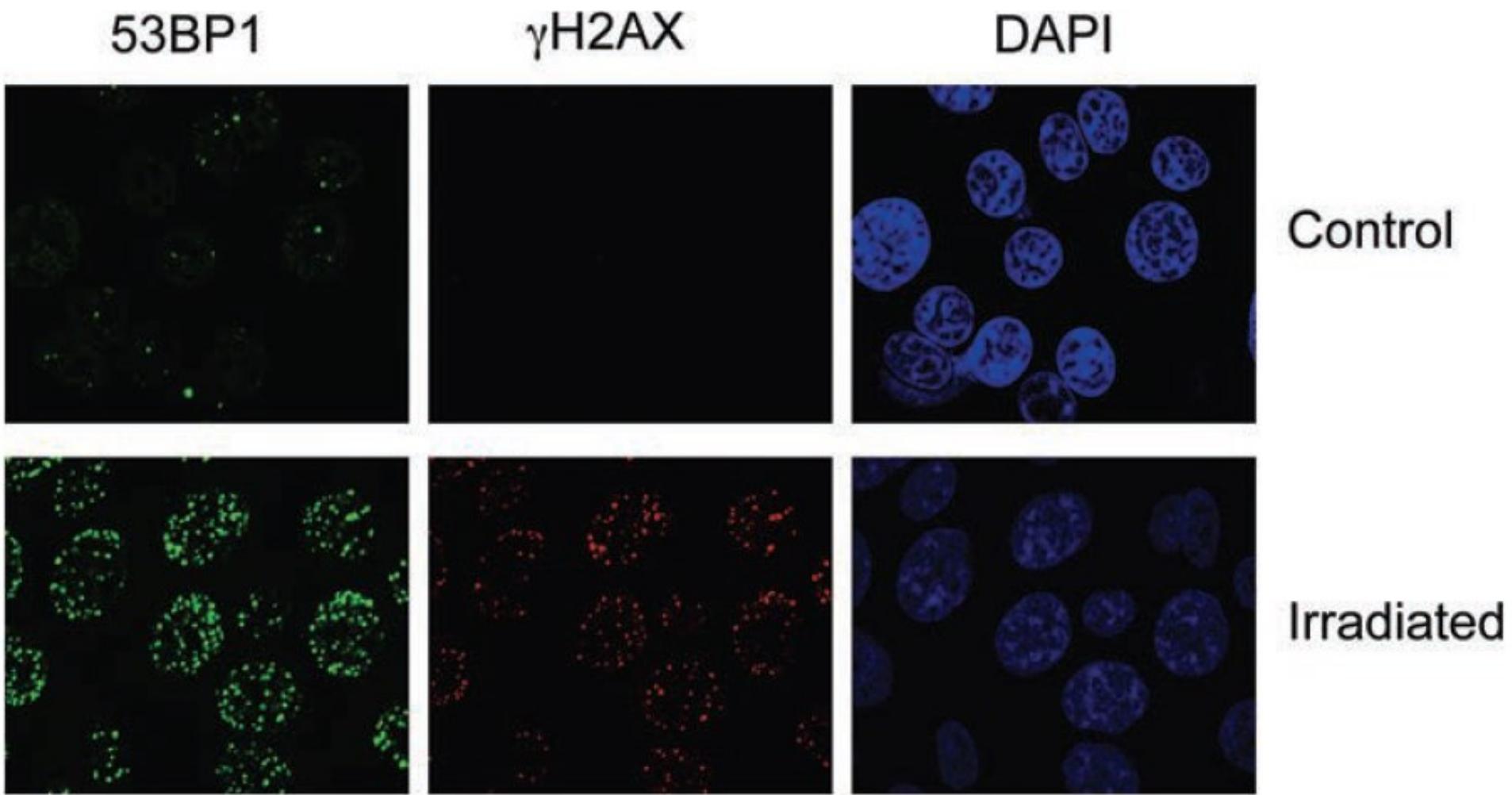


Spur  
4 nm  
diameter  
3 ion pairs



Blob  
7 nm  
diameter  
12 ion pairs

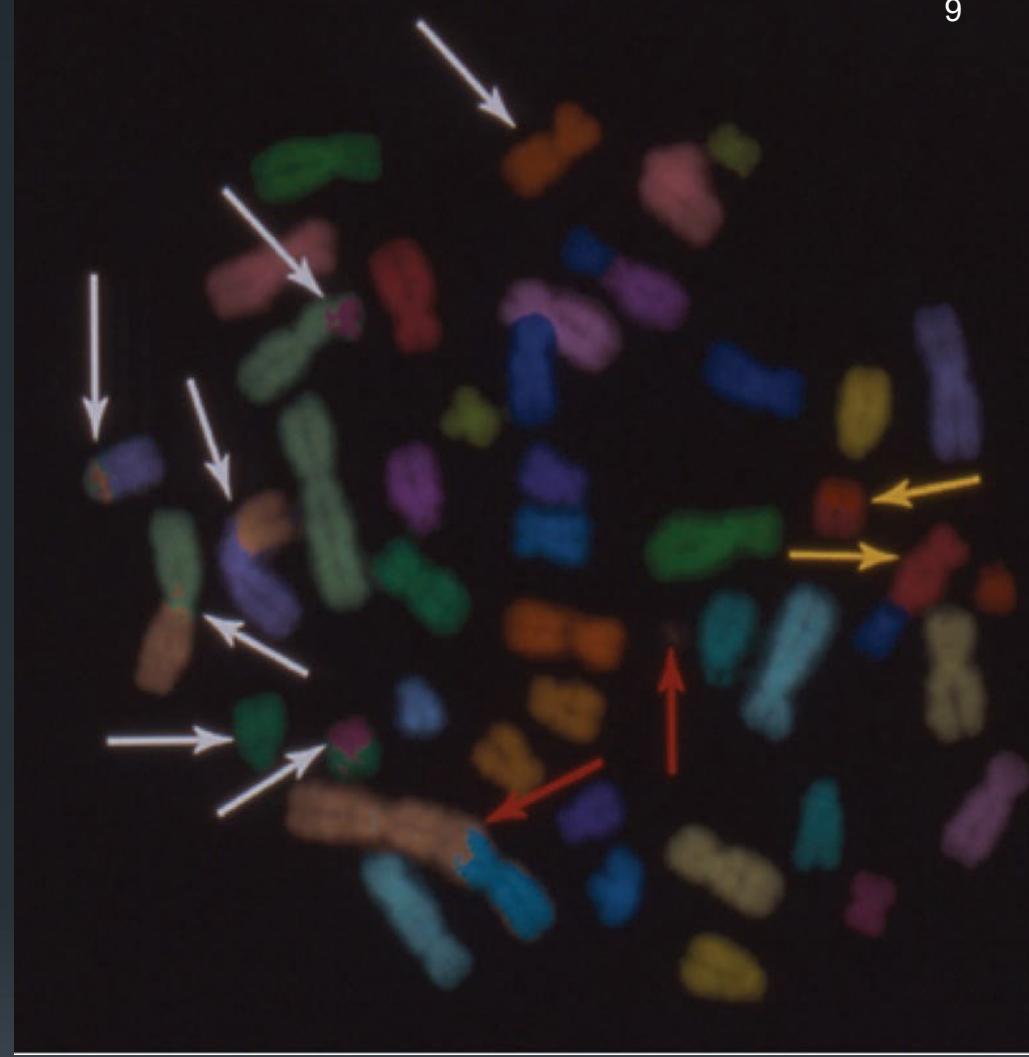
Hall, E. J. & Giaccia, A. J. *Radiobiology for the radiologist*. (Wolters Kluwer Health/Lippincott Williams & Wilkins, 2012). Figure 2.3



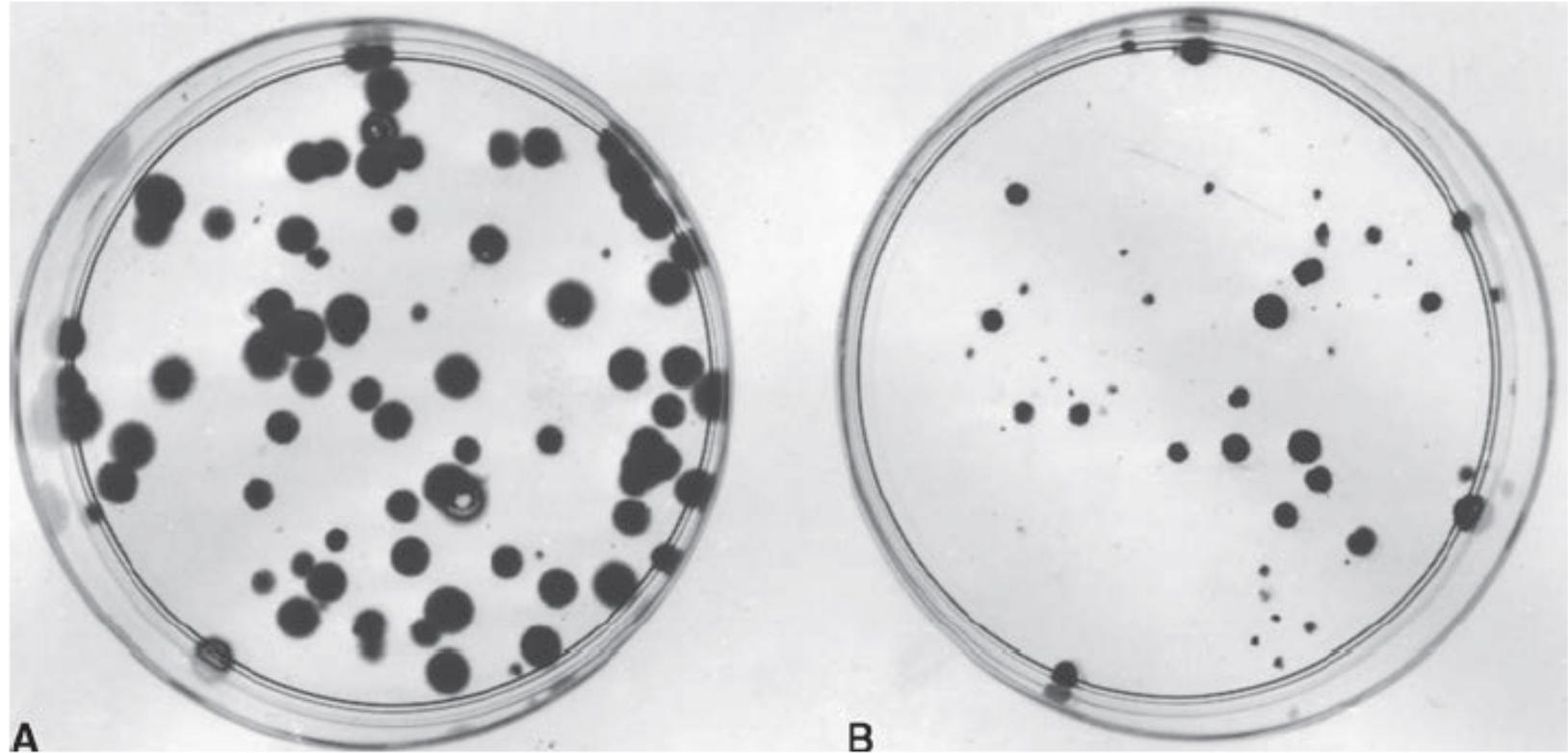
Hall, E. J. & Giaccia, A. J. *Radiobiology for the radiologist*. (Wolters Kluwer Health/Lippincott Williams & Wilkins, 2012). Figure 2.5 (Courtesy of Dr. Ester Hammond)



Hall, E. J. & Giaccia, A. J. *Radiobiology for the radiologist*. (Wolters Kluwer Health/Lippincott Williams & Wilkins, 2012). Figure 2.15 (Courtesy of Drs. Brewen, Luippold, and Preston.)

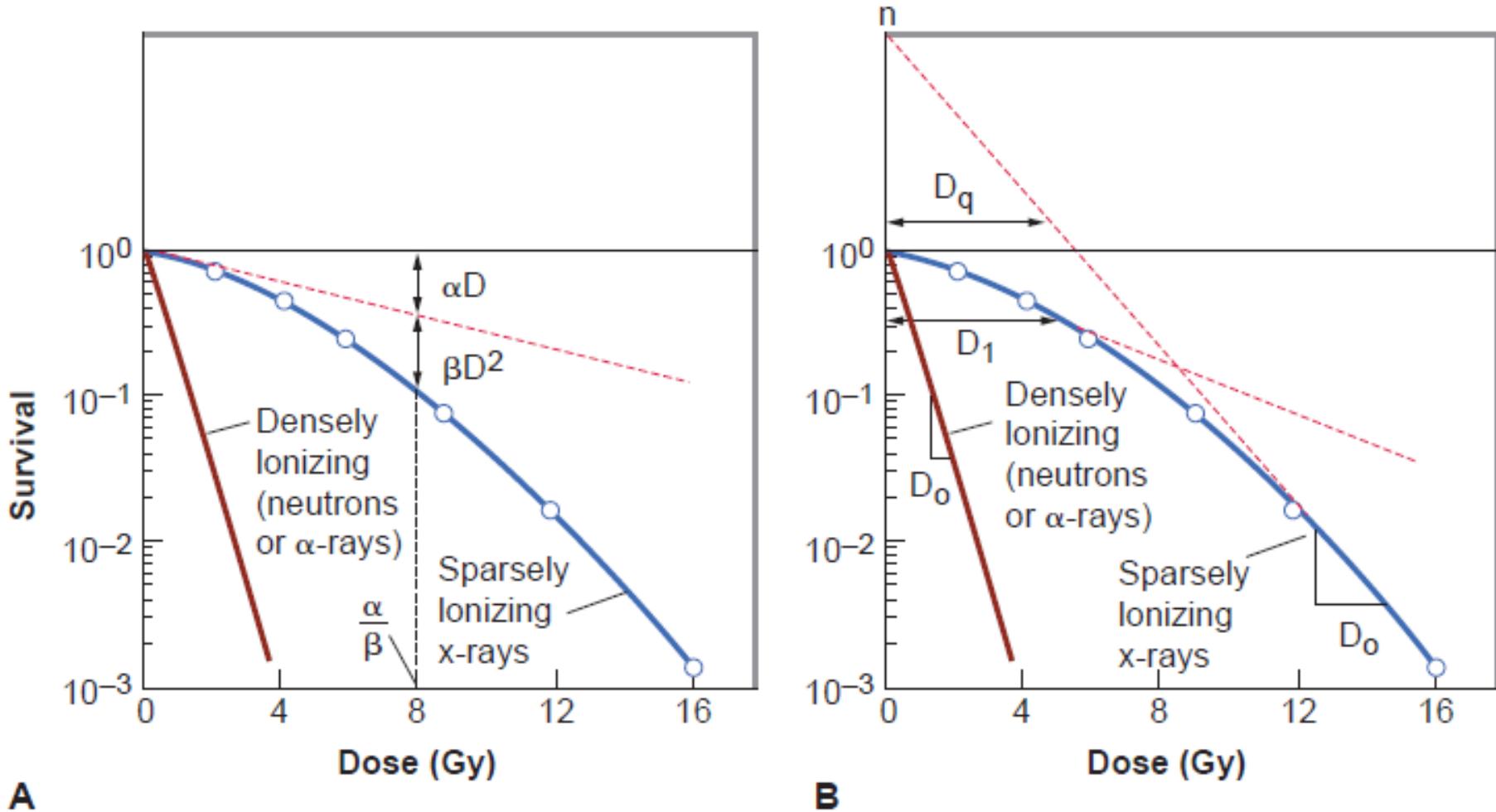


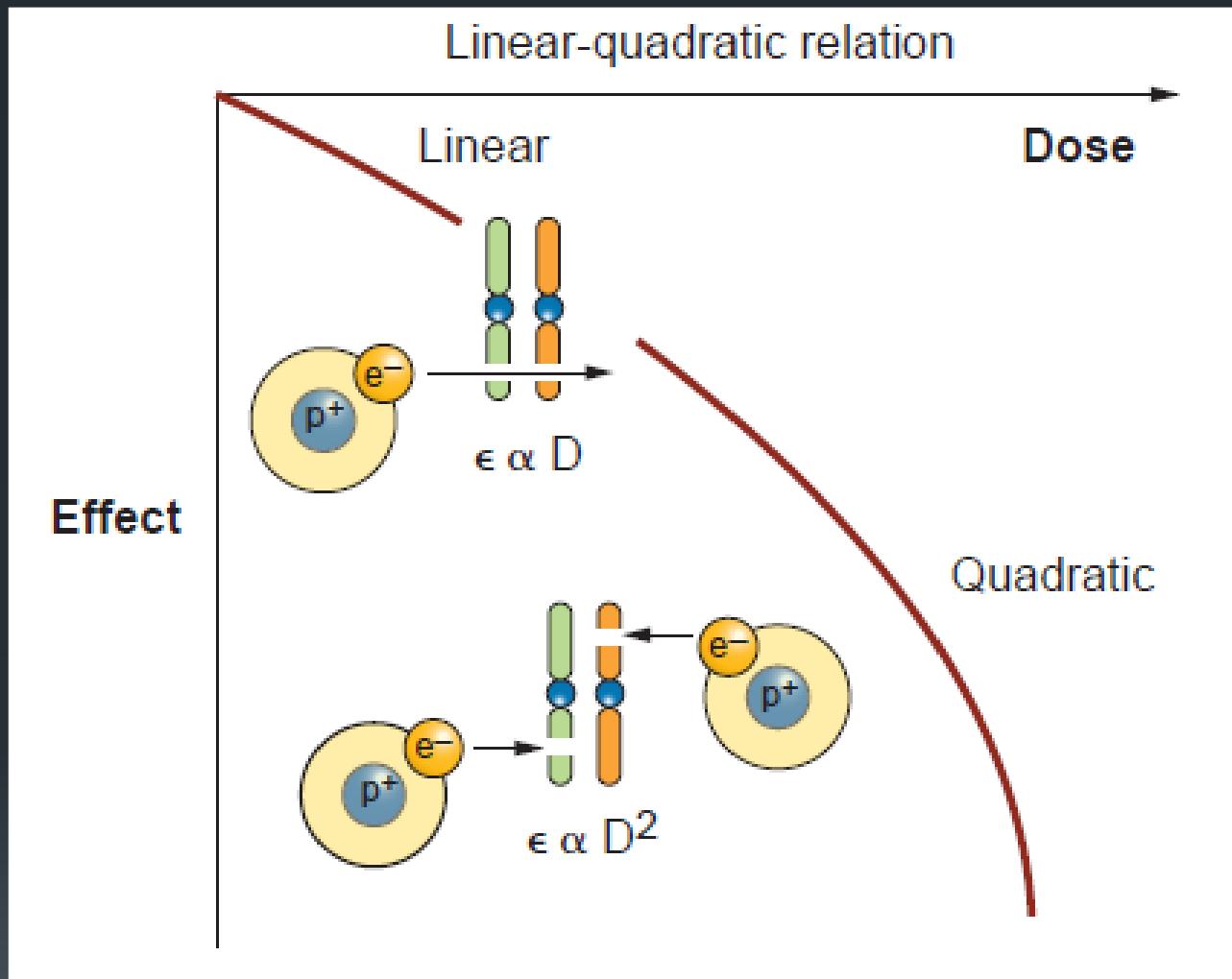
Hall, E. J. & Giaccia, A. J. *Radiobiology for the radiologist*. (Wolters Kluwer Health/Lippincott Williams & Wilkins, 2012). Figure 2.18 (Courtesy of Dr. Michael Cornforth.)

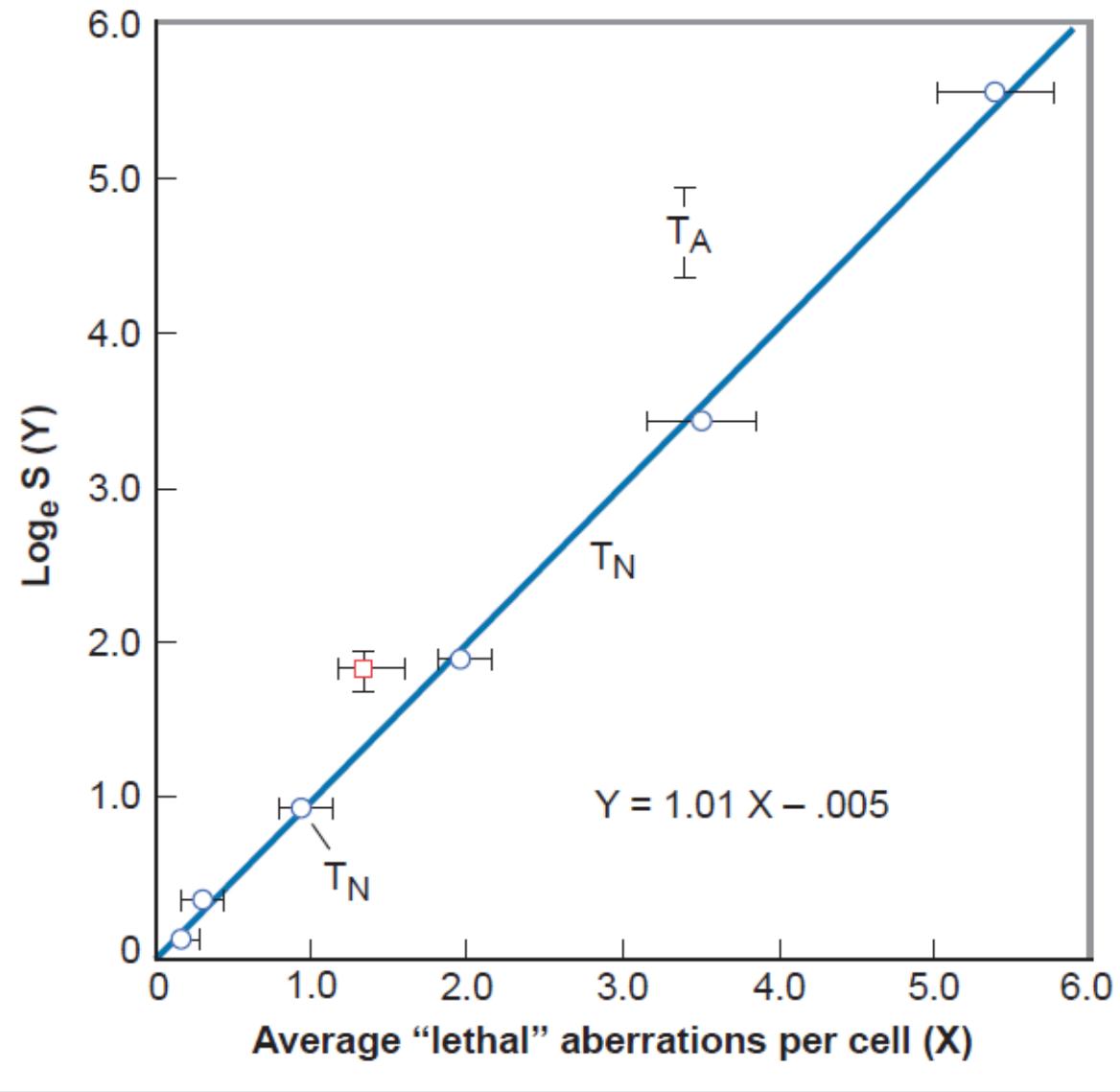


**FIGURE 3.1** Colonies obtained with Chinese hamster cells cultured *in vitro*. **A:** In this unirradiated control dish, 100 cells were seeded and allowed to grow for 7 days before being stained. There are 70 colonies; therefore, the plating efficiency is 70/100 or 70%. **B:** Two thousand cells were seeded and then exposed to 8 Gy of x-rays. There are 32 colonies on the dish. Thus,

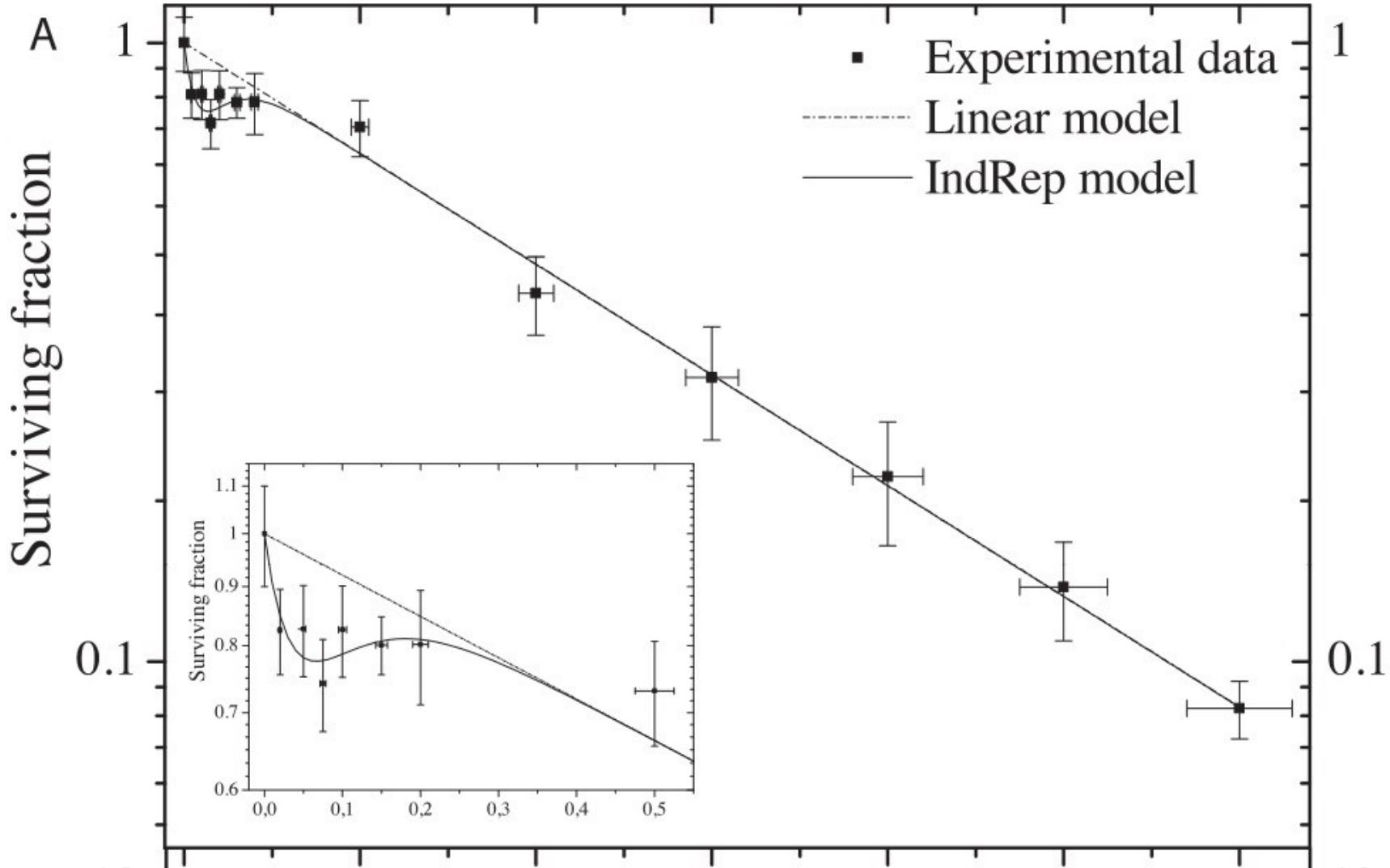
$$\begin{aligned}\text{Surviving fraction} &= \text{Colonies counted}/[\text{Cells seeded} \times (\text{PE}/100)] \\ &= 32/(2,000 \times 0.7) \\ &= 0.023\end{aligned}$$







Hall, E. J. & Giaccia, A. J. *Radiobiology for the radiologist*. (Wolters Kluwer Health/Lippincott Williams & Wilkins, 2012). Figure 3.4 (From Cornforth MN, Bedford JS. A quantitative comparison of potentially lethal damage repair and the rejoicing of interphase chromosome breaks in low passage normal human fibroblasts. *Radiat Res.* 1987;111:385–405, with permission.)



Wéra, Anne-Catherine, Anne-Catherine Heuskin, Hélène Riquier, Carine Michiels, and Stéphane Lucas. "Low-LET Proton Irradiation of A549 Non-Small Cell Lung Adenocarcinoma Cells: Dose Response and RBE Determination." *Radiation Research* 179, no. 3 (March 2013): 273–81. FIG 1.A

# The “standard” paradigm

16

## 1 Gy $\gamma$ -rays in one nucleus:

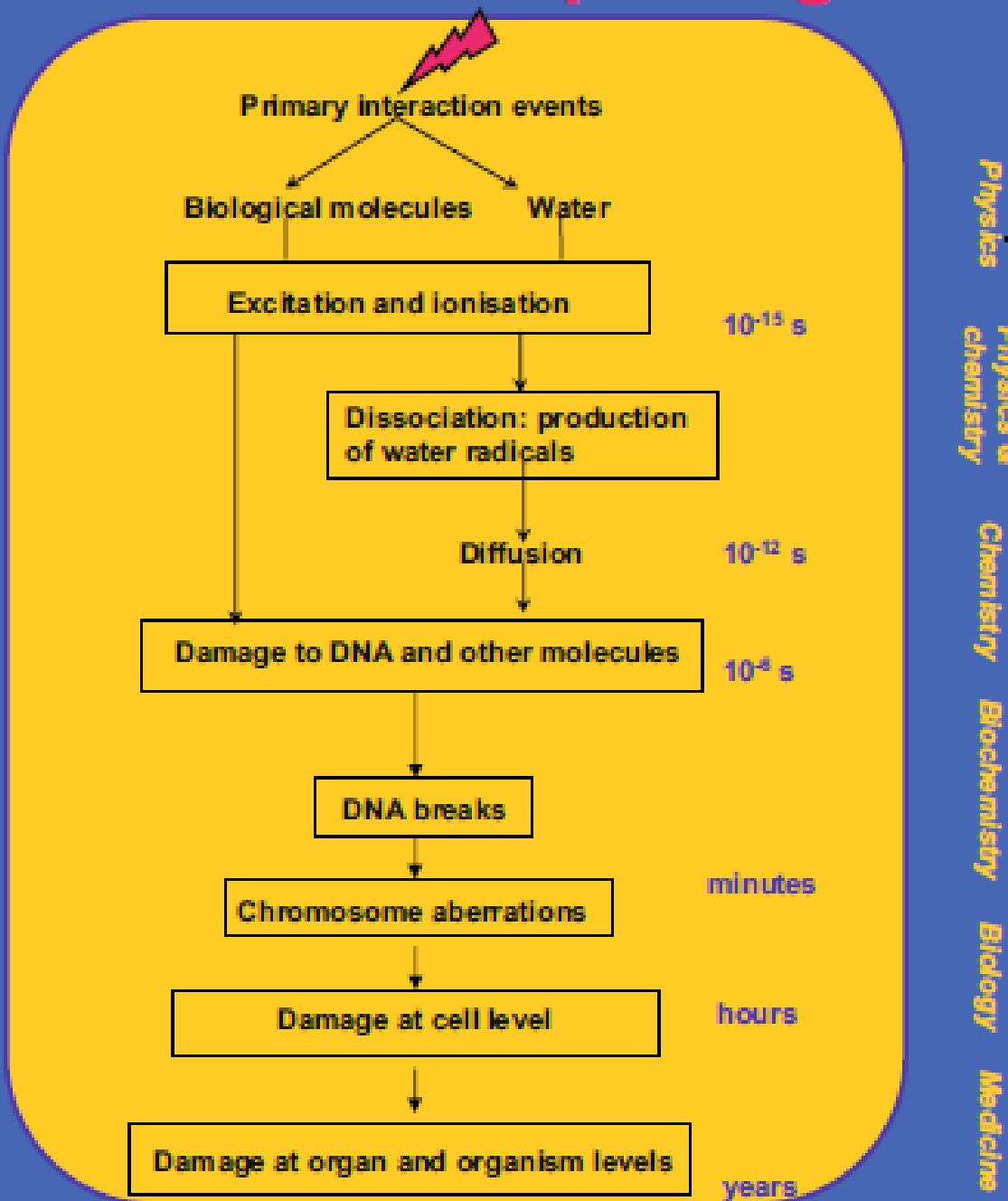
~ 100,000 ionizations  
(~ 2,000 in the DNA)

~ 40 DNA DSBs,  
~ 1 “complex lesion”

~ 0.5-1 chromosome aberrations

~ 0.5-1 lethal lesions  
~  $10^{-5}$  HPRT mutations  
~  $10^{-5}$  neoplastic transformations

<<  $10^{-5}$  cancers



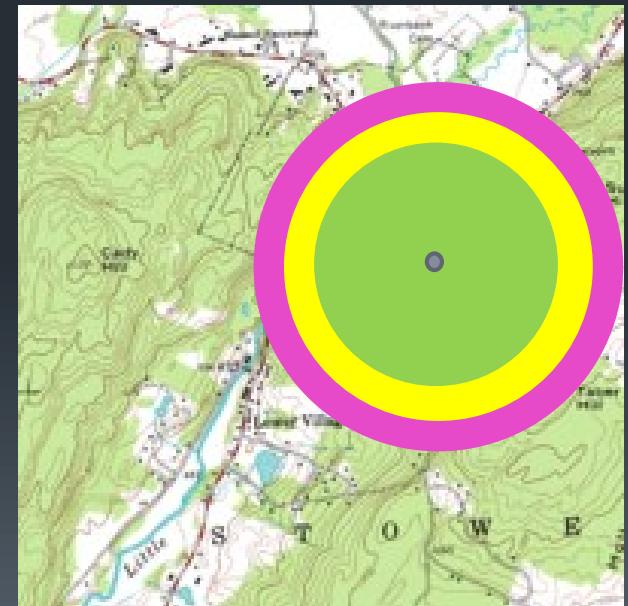
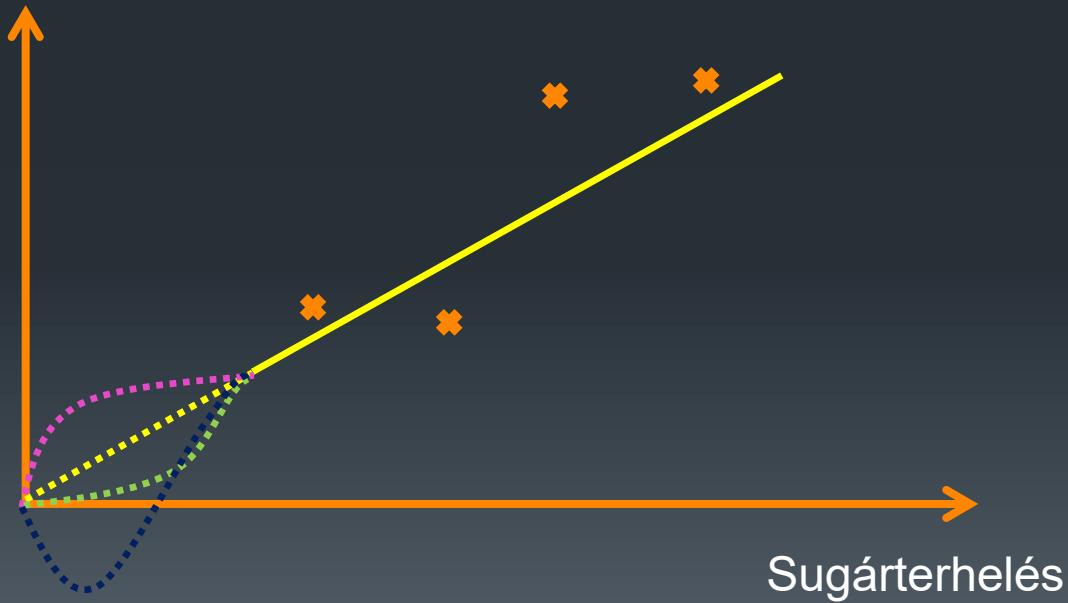
Physics  
Chemistry  
Biology  
Medicine

Müller, M., Durante, M., Stöcker, H., Merz, F. & Bechmann, I.  
Modeling radiation effects at the tissue level. *Eur Phys JD* **60**, 171–  
176 (2010). (graphics kindly provided by Dr. Andrea Ottolenghi,  
University of Pavia, Italy)



# LNT-modell és jelentősége

Biológiai hatás kockázata





# Néhány optimalizációs kérdés

- Milyen gyakran végezzünk röntgen/CT-vizsgálatokat dohányzóknál?
- Hogyan tervezzünk meg egy besugárzást?
  - konvencionális sugárterápia
  - 3D-CRT
  - IMRT